

Angel in the Kitchen



Saturday 16th June 2018

18.30 – 19.30

Choice of main course and dessert £10.00

(Includes a donation to The Sophie Rolf Trust)

Traditional paella (gf)

Vegetarian paella (v,gf)

Chocolate brownies (v)

or

Pineapple with fresh mint (v,gf)

07542 377776

www.angelinthekitchen.com

A n g e l i n t h e K i t c h e n



Angel in the Kitchen's paellas

A traditional Spanish dish dating from 1800's, incorporating saffron infused Bomba rice as it's main ingredient and started with a slow cooked sofrito base of onions, olive oil & garlic.

There are many regional variations but we favour a mixed paella containing chicken, gammon, chorizo, prawns, mussels, squid, peppers, & peas, all infused with smoked, sweet and spicy paprika and cooked in a chicken stock. Our vegetarian paella uses the same sofrito base with peppers but with the addition of artichokes, mushrooms, semi dried tomatoes possibly seasonal vegetables such as courgette or fennel and cooked in a vegetarian stock.

The tradition is to start at the perimeter of the pan and work your way to the center. It's a convivial way to eat, and, the best bit, is to scrape up some of the chewy, caramelized socarrat left on the bottom of the pan!

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