



RSYC CONTESSA REGATTA 2025

Friday 16th May ~ Sunday 18th May 2025

SAILING INSTRUCTIONS

CONTESSA 32 CLASS
INSHORE POINTS SERIES 2

CONTESSA 28 CLASS
NATIONAL CHAMPIONSHIPS 2025

CONTESSA 26 CLASS
NATIONAL CHAMPIONSHIPS 2025

CONTESSAS MISC REGATTA

SOLENT QUEST ~ NON RACING CONTESSAS

Royal Solent Yacht Club
Yarmouth, Isle of Wight



SAILING INSTRUCTIONS

Saturday 17th May & Sunday 18th May 2025

Times throughout are British Summer Time.

TIDES ~ HW Portsmouth

Saturday 17 th May	0258	4.2m	1532	4.2m
Sunday 18 th May	0340	4.1m	1620	4.1m

1. ORGANISING AUTHORITY

The organising authority is the Royal Solent Yacht Club (RSYC).

2. RULES AND REGULATIONS

2.1 The races will be governed by the current World Sailing's Racing Rules of Sailing (RRS) including subsequent World Sailing amendments and including the prescriptions of the RYA, the rules of the respective Contessa Classes, the Notice of Race and these Sailing Instructions.

2.2 The Race Management reserve the right to change ratings, if felt necessary, during the event.

3. RRS 44 is changed so that the Two-Turn Penalty is replaced by a One-Turn Penalty.

4. PROGRAMME

4.1 The programme of races is set out in the NOR.

4.2 Competitors are advised to keep radio watch on VHF channel 72 from 55 minutes before their warning signal.

4.3 All warning signals will be made five minutes before the starting time.

4.4 The position of the committee boat will be broadcast 45 minutes before the first start on VHF channel 72.

5. THE START

5.1 Starting Sequence. Amending RRS 26.

Time	Title	Signals	
- 5 mins	Warning	Class Flag displayed	1 sound signal
- 4 mins	Preparatory	Flag 'P' or 'black' displayed	1 sound signal
-1 min		Flag 'P' or 'black' removed	1 sound signal
0 mins	Starting	Class Flag removed	1 sound signal

5.2 The starting line will be between a staff displaying an orange flag on the main committee boat (dark blue topsides and white deckhouse) and the course side of the outer distance starting mark buoy, a yellow/orange cylindrical buoy.

5.3 Classes may be started in any order for second or third races on either day depending on the order of finishes of prior races. Race start times for these races will be announced on VHF channel 72.

5.4 Start sequences will not commence after 1500 on Sunday.

6. SIGNALS AND FLAGS

- 6.1 Signals ashore will be made from the RSYC flagstaff.
- 6.2 When flag AP is displayed ashore, one minute is replaced with 'not less than 60 minutes'. This changes the AP section of the RRS Race Signals.
- 6.3 The main committee boat *COUNTDOWN* will be identified by a white dodger with "ROYAL SOLENT YACHT CLUB COMMITTEE" thereon.
- 6.4 Boats after the warning signal and whilst racing shall fly their class flag from the backstay;
- | | |
|------------------------------|-------------------------------|
| Contessa 32 Inshore Series 2 | International Code Flag "G" |
| Contessa 28 Nationals | International Code Flag "W" . |
| Contessa 26 Nationals | Numeral Pennant 1 |
| Contessas Misc | Numeral Pennant 3 |
| Solent Quest non racing | n/a |
- 6.5 Ensigns shall be struck when racing.

7. PROGRAMME

- 7.1 The scheduled start of the first race of each day will not be brought forward.

	Warning signal	Start Time
Saturday 17th May 2025		
Contessa 32 Inshore Series 2	0955	1000
Contessa 28 Nationals	1000	1005
Contessa 26 Nationals	1005	1010
Contessas Misc	1010	1015
'Solent Quest' for non racing Contessas		1100

Contessas 32, 28 and 26 are scheduled to have three races on Saturday.

Subsequent races will take place as soon as practical after their previous race is complete.

Contessas Misc are scheduled to have two races on Saturday.

Their second will take place as soon as practical after their first race is complete.

Sunday 18th May 2025

Contessa 32 Inshore Series 2	0925	0930
Contessa 28 Nationals	0930	0935
Contessa 26 Nationals	0935	0940
Contessas Misc	0940	0945

Contessas 32, 28 and 26 are scheduled to have two races on Sunday.

The second races will take place as soon as practical after the first races are complete.

Contessas Misc are scheduled to have one race on Sunday.

There shall be no race of that class unless two boats of the same class start.

8. NOTICES TO COMPETITORS

- 8.1 Notices to competitors will be posted on the RSYC website and shared on WhatsApp.
- 8.2 Changes to Sailing Instructions will be available from the RSYC sailing office, on the website and WhatsApp.
- 8.3 Failure to receive a change of Sailing Instructions or any other information by VHF radio will not be grounds for redress.

9. COURSES & EXCLUSION ZONES

- 9.1 The racing area is within the western Solent, its western approaches and the central Solent, the area of which is encompassed by the indicative plan shown in Appendix 2.
- 9.2 Boats, in whatever direction they are racing, shall pass to the south of:
- "Cross Boom" and all booms, beacons and posts in the Lymington River entrance including "Jack in the Basket"
 - The Royal Lymington Yacht Club starting platform.
 - The Sewer Beacon off Pennington.

- 9.3 Boats shall not pass through the barrier south of Durn's Point which is an obstruction.
- 9.4 Boats must keep north of the yellow buoy 'Roach Pittis' located to the west of Yarmouth pier and the harbour entrance.
- 9.5 Courses will be announced on VHF channel 72 and displayed at or before the preparatory signal in a frame on the main committee boat. Letters or numbers on a red background indicate that such marks of the course shall be rounded to port and letters or numbers on a green background indicate that marks shall be rounded to starboard. The numeric or alphabetical designations of marks used are shown in the Appendices at the end of the Sailing Instructions. Courses announced over the VHF radio will prevail.
- 9.6 If symbol "□" is shown as a mark of the course, boats shall pass through the start line from the direction of the last mark.
- 9.7 When 'S' flag over 'H' flag is displayed by a committee boat adjacent to a mark of the course, it denotes that boats shall pass that mark in the required manner and shall then proceed directly to cross the finishing line in the direction from that mark. The committee boat may make repeated sound signals to draw attention to the visual signal.

10. FINISHING LINE

- 10.1 The finishing line will be between a staff displaying a blue flag on finishing committee boat *BEAR* (a blue Duchy 35 motorboat with a white cabin top) and the course side of the last mark.
- 10.2 Boats shall cross the finishing line from the direction of the previous mark.

11. TIME LIMIT, changes to RRS 35 and RRS A5, RETIREMENTS

11.1

All classes	Finish time limit 1 For 1 st boat to finish as RRS 35	Finish time limit 2 Latest time to finish after 1st boat sails the course and finishes
Race 1 & 2	2 hours	45 minutes after the first boat in the class finishes
Race 3 on Saturday	3 hours	45 minutes after the first boat in the class finishes
Race 4 on Sunday	2 hours	45 minutes after the first boat in the class finishes
Race 5 on Sunday	3 hours	45 minutes after the first boat in the class finishes

This changes RRS 35, RRS A5.1, RRS A5.2 and RRS A10.

- 11.2 Retiring boats shall notify the race committee of their retirement on VHF channel 72.

12. PROTESTS

- 12.1 Protest forms are available at the RSYC Sailing Office. Protests and requests for redress or reopening shall be in writing and shall be delivered to the RSYC Sailing Office within the protest time limit.
- 12.2 The protest time limit is 60 minutes after the last boat finishes the last race of the day or 90 minutes after the relevant race Committee Boat signals 'no more racing today' (AP or N over A) for the last class in the group. Please note you may register a protest with the RSYC Sailing Office by WhatsApp to 07790 401036.

- 12.3 Notices informing competitors of hearings in which they are parties or named as witnesses will be telephoned as soon as possible after the protest time limit. The RSYC will use their reasonable endeavours to contact the aforementioned but if this proves unachievable, the RSYC reserve the right to hold a protest without them in their absence.
- 12.4 For breaches of any rule, other than a rule of RRS Parts 1 and 2 or specified in the rule itself, the penalty may, at the discretion of the Protest Committee, be less than disqualification.

13. RADIO

- 13.1 The main committee boat will keep a listening watch on VHF channel 72.
- 13.2 Any changes to Sailing Instructions will be given out over VHF channel 72. Any failure by the committee boat to make such transmissions will not be a breach of the Sailing Instructions. Any failure of a competitor to receive a signal will not be grounds for redress.

**FOR GENERAL COMMUNICATION please join the
2025 RSYC Contessa Regatta WhatsApp group here:**



For results please scan your class QR code:

Contessa 26



Contessa 28



Contessa 32



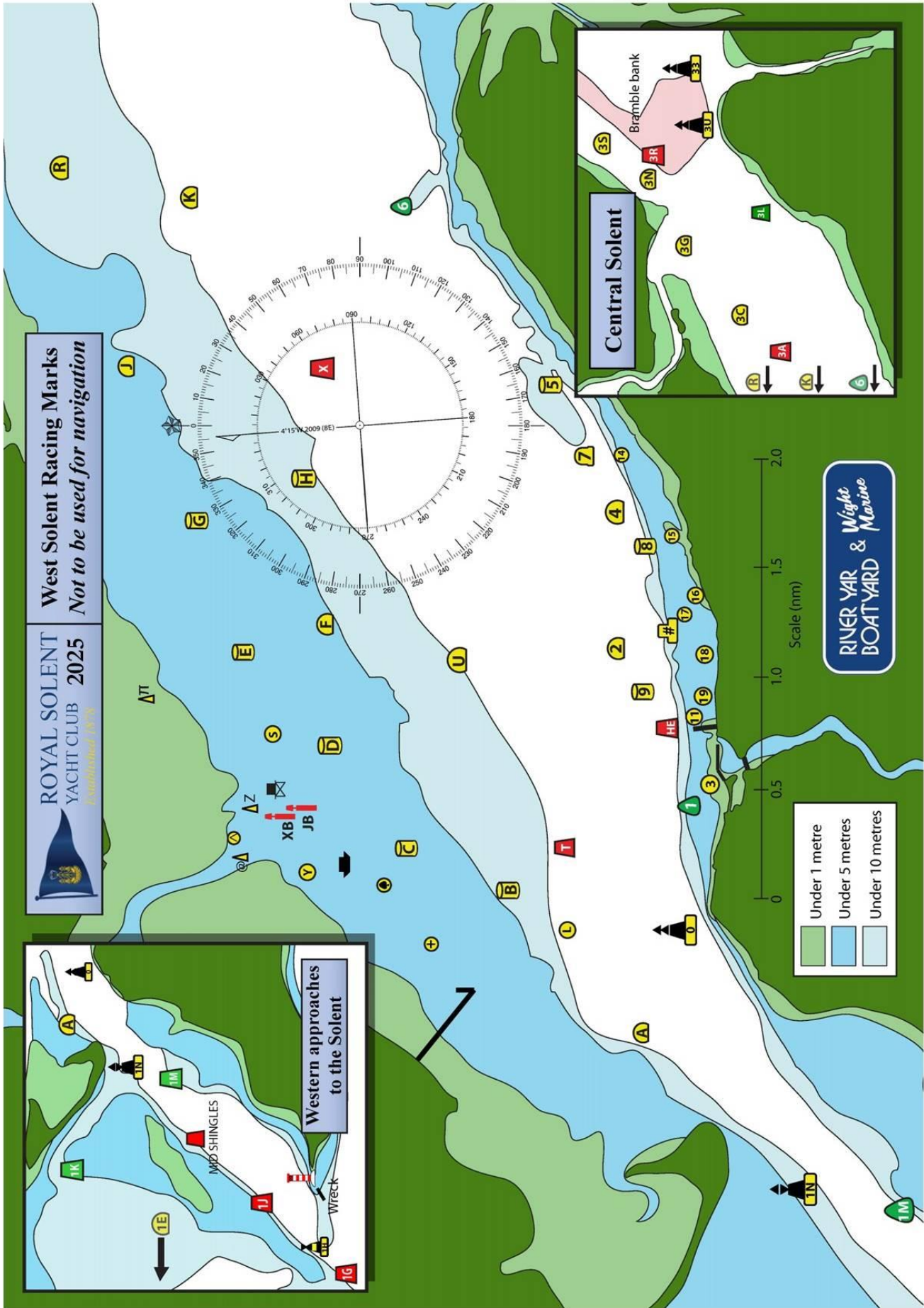
APPENDIX 1

RSYC Solent Racing Marks 2025

-	Name	Sponsor	Lat N	Long W	Colour/Shape
Western approaches to the Solent					
1E	Christchurch Ledge Buoy		50.41.50	01.41.60	Yellow sphere
1G	SW Shingles		50.39.29	01.37.52	Red pillar
1H	Bridge		50.39.63	01 36.88	YBY Pillar
1J	Shingles Elbow		50.40.37	01.36.05	Red can
1K	North Head		50.42.69	01.35.52	Green Can
1M	Warden		50.41.48	01.33.55	Green Can
1N	NE Shingles		50.41.96	01.33.41	East cardinal
West Solent Racing Marks					
A	Hurst	Embley School	50.42.77	01.32.43	Yellow sphere
B	Pennington	Dunford	50.43.38	01.31.54	Yellow cylinder
C	Oxey	Colten	50 43.83	01 30.86	Yellow cylinder
D	Lymington Yacht Haven	Lymington Yacht Haven	50 44.17	01 30.10	Yellow cylinder
E	Pylewell	Circle Marine	50 44.49	01 29.32	Yellow cylinder
F	Berthon	Berthon	50 44.20	01 29.22	Yellow sphere
G	Tanners	Bridgeworks	50 44.79	01 28.47	Yellow cylinder
H	H	Draycott	50 44.30	01 28.16	Yellow cylinder
J	Zwerver	Zwerver	50 45.11	01 27.34	Yellow sphere
K	Greenings Fintech		50 44.83	01 26.09	Yellow sphere
L	RLymYC	RLymYC	50 43.143	01 31.945	Yellow sphere
R	Durns	Powder Byrne	50 45.43	01 25.89	Yellow Sphere
T	Lymington Bank		50 43.10	01 30.85	Red Can
U	Tuakana		50 43.67	01 29.50	Yellow sphere
X	Solent Bank		50 44.23	01 27.37	Red Can
0	Sconce		50.42.53	01.31.43	North Cardinal
1	Black Rock		50 42.57	01 30.59	Green SHM conical
2	Charles Stanley	Charles Stanley	50 42.86	01 29.40	Yellow sphere
3	Folkboats Forever	Yarmouth Folkboats	50.42.47	01.30.43	Yellow sphere
4	Now	Now Students	50 42.86	01 28.42	Yellow sphere
5	Jeremy Rogers Contessa	Jeremy Rogers Ltd	50 43.15	01 27.49	Yellow cylinder
6	Hamstead Ledge		50 43.87	01 26.18	Green SHM conical
7	In Memory of Adam Harding-Domeney	Yarmouth One Design Class	50.42.97	01.28.16.	Yellow sphere
8	Bouldnor	Harwoods	50.42.73	01.28.69	Yellow cylinder
9	RSYC ODM	River Yar Boatyard & Wight Marine	50 42.72	01 29.70	Yellow cylinder
HE	East Fairway Buoy		50 42.64	01 29.88	Red can
#	Towers	John Caulcutt	50.42.63	01.29.26	Yellow sphere
Central Solent					
3A	West Lepe		50 45.24	01 24.09	Red Can
3C	Craftinsure		50.45.64	01.23.12	Yellow sphere
3G	Cowes Week 2026		50.46.58	01.21.46	Yellow sphere
3L	Gurnard Ledge		50.45.51	01.20.59	Green SHM conical
3N	MDL Marinas	MDL Marinas	50.47.07	01.19.88	Yellow sphere
3R	North East Gurnard #		50.47.06	01.19.42	Red can
3S	TeamO		50.47.81	01.19.25	Yellow sphere
3U	Gurnard		50.46.22	01.18.84	North Cardinal
33	Prince Consort		50.46.41	01.17.56	North Cardinal
Yarmouth inshore					
11	Delphie	Delphie Lakeman Trust	50.42.48	01.29.94	Yellow sphere
14	Stone Pier	Yarmouth XODs	50.42.82	01.28.05	Yellow sphere
15	Hallmark		50.42.63	01.28.70	Yellow sphere
16	St Swithins		50.42.52	01.28.99	Yellow sphere
17	Camel		50.42.57	01.29.17	Yellow sphere
18	Mount		50.42.44	01.29.43	Yellow sphere
19	Dinghy ODM		50.42.44	01.29.82	Yellow sphere
Marks not charted					
N	Moveable windward mark				Inflatable buoy
M	Moveable mark				Inflatable buoy
P	Moveable mark				Inflatable buoy
Q	Moveable mark				Inflatable buoy
□	Gate	Start/finish line			



APPENDIX 2





Royal Solent Yacht Club would like to thank the lead sponsors for their support at the RSYC Contessa Regatta:



Royal Solent Yacht Club would also like to thank the supporting sponsor:

