

Re-heating Instructions

The following are guidelines, please only re-heat once and ensure all food is piping hot to at least 75°C before serving - then enjoy!

CURRIES (except Butter Chicken)

1. Microwave on full power for 2 minutes
2. Stir and heat for a further 1- 2 minutes

BUTTER CHICKEN

1. Microwave on full power for 3 minutes
2. Stir and heat for a further 3 - 4 minutes

RICE

1. Microwave on full power for 1 minute 30 seconds
2. Stir and heat for a further 1 minute 30 seconds

SAAG ALOO

Microwave on full power for 2 minutes 30 seconds

Or

Place in an oven proof dish, cover and heat for 10 minutes at 180°C

CHICKEN TIKKAS

1. Microwave on full power for 2 minutes
2. Check and heat for a further 1 minute if necessary

Or

Place on an oven tray and heat for 8 - 10 minutes at 180°C

ONION BHAJIS & VEGETABLE PAKORAS

Microwave on full power for 1 minute 30 seconds

Or

Place on an oven tray and heat for 6 - 8 minutes at 180°C

NAAN BREAD

Splash with water, place on an oven tray & heat in the oven at 180°C for 4 - 5 minutes.

(Please note that the above timings are for a 900 watt microwave & based on one item being heated at a time. Plastic dishes are not oven proof).

It would help the Club and the environment if you could please wash and return your plastic dishes, thank you .