
COVID 19 - Risk assessment template – Water Based Activities – COMPETITORS, RIB DRIVERS AND CREW, RACE OFFICERS and HELPERS at the Royal Solent Yacht Club as required by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021

Organisation name: Royal Solent Yacht Club

Assessment carried out by: Alan Sheward and Tom Symes

Date assessment was carried out: 14th April 2021, *change re cloakroom use*. Date of next Review – 17th May 2021

The Royal Solent Yacht Club (the 'Club') has carried out this risk assessment of the Club's sailing activities to satisfy the requirements of regulation 3 of the Management of Health and Safety at Work Regulations 1999. It has been carried out in direct response to the requirements of organisations to Covid 19 some of which is outlined in law.

The Club's sailing activities involve competitors, RIB drivers and crew, Race Officers, Club staff and helpers. Separate Risk Assessments have been carried out for the particular issues presented in Grants due to the COVID-19 pandemic.

With effect from 4th April 2021 the Club will be running a Spring Series for Cruisers, Folk Boats and Day Boats. Racing will be run from Grants, not from the Committee vessel.

Government COVID-19 advice must be followed, particularly with regard to social distancing. This guidance changes and it is the responsibility of each individual to ensure that they are familiar with it, over-riding this risk assessment if necessary. Competitors, rib drivers and crew and helpers must be conservative and be mindful of others. The risk assessment will be reviewed and updated as guidance or requirements change.

No one may participate in racing unless they have completed fully the Condition of Entry forms and they have read and understood this Risk Assessment. Competitors may have their temperatures taken electronically prior to sailing. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. This activity is for competent people capable of making their own decisions and sailing without support from others. The responsibility for a boat's decision to participate in the activity is hers alone.

| What are the hazards? | Who might be harmed and how? | What are you already doing to control the risks? | What further action do you need to take to control the risks? | Who needs to carry out the action? | When is the action needed by? |
|--|--|--|---|--|-------------------------------|
| Social Distancing difficult to achieve when launching and recovering dinghies | Beach crew and sailors if social distancing not observed | <ul style="list-style-type: none"> - Limit overall numbers and allocate sufficient time to avoid crowding. - Allocate space for each class in dinghy park - Move any dinghies not sailing to make as much space available as possible - Sailors to arrive changed ready to sail. Changing room facilities closed. - Timed and staggered shifts for launching different classes - Signage - alcohol gel to be used on arrival and prior to touching any shared surfaces and on departure - Good communication | Identify congestion and pinch points providing distance markers or signage requesting social distancing. Event co-ordinators who will take overall responsibility for ensuring the Club's procedural document has been implemented. | Club, Sailors and Helpers Event coordinator. | Immediate |

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| Social distancing whilst working on Committee vessel. | Race Officer Group if social distancing not observed | <ul style="list-style-type: none"> - See Risk Assessment for Countdown - Team limited to PRO, flag person, timekeeper and results recorder. There must be no more than 5 People at any one time on the race committee boat. - Only one person in cabin. Wheel, buttons etc to be sanitised before and after racing. Others members of the committee boat stay in open air and socially distance to extent practicable. Avoid face to face - Use hand sanitiser, gloves and masks when in close proximity - Race officers use dedicated VHF radios and binoculars. - Timers' flags, course boards, anchors and other equipment to be wiped with alcohol sanitiser before and after racing - ROs to bring own refreshments - Follow protocols for access to and use of Committee Vessel | Review daily Crew of the committee boat should have access to a face mask where social distancing can not be maintained. | Club, Rear Commodore Sailing/Sailing Secretary Boatman | No racing using the Committee Vessel |

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| Social Distancing difficult to achieve for RIB Drivers and crew | Rib drivers and crew and sailors if social distancing not observed | <ul style="list-style-type: none"> - Driver and crew to be from same household where possible. Where the crew are not from the same household facial coverings are being used to maintain 1m+ social distancing. - Use own radios, binoculars and other equipment - Follow protocols for communication and race management - Follow existing RSYC protocols for recovery and assistance - Assess competence of sailors for conditions. Maintain hailing distance unless physical support is required. Seek to limit provision of assistance to where absolutely necessary for safety - Avoid face – to – face contact in the rib as much as possible. Use masks, gloves and sanitise any points on rib touched by sailors - If involved in mark laying or mark moving wear gloves and sanitise surfaces - Choose recovery methods that minimise physical contact, e.g. self-rescue, mast tip/use of centre board | Review daily Crew or Sailors on the Rib will maintain 1m+ distancing which includes sitting side by side be side or 2m if sat opposite one another. The rib should be cleaned with soapy water following transportation of crew. The controls of the rib should be cleaned after each use. | Club, PRO, Rib drivers and crew. Boatman | Immediate |

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| | | <ul style="list-style-type: none"> - Use grab handles and carry boarding ladder or other device to assist in self-recovery from water and have spare masks available - Tow astern rather than alongside. Have long towing lines available in rib. | | | |
| Social Distancing difficult to achieve with members of the public using the beach and slip | Members of the public, sailors, beach team if social distancing not observed | <ul style="list-style-type: none"> - Signage - Sailors to request that members of public socially distance. - Ensure sailors are made aware of and have consideration for other users of the beach | Monitor on day of sailing | Sailors | During launching and recovery |
| Communication system not clear | All participants if race management is affected or safety issue arises | <ul style="list-style-type: none"> - VHF radio protocols to be followed by Race Offices and RIBs - Courses to be communicated as per Sailing Instructions including WhatsApp and repeating at regular intervals over VHF radio. - Results to be issued by email or WhatsApp, or on Club website not on paper lists in the Club | Review daily | PRO and Race Officers. | |

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| Competitor gets into difficulty and requires urgent assistance with their boat | Sailors and RIBs if social distancing not observed | <ul style="list-style-type: none"> - Following standard sailing protocols, social distancing, cleaning of equipment. - Buoyancy aids/floatation devices must be worn on the water. - Wind and sea conditions to be considered to assess hazards for sailors and RIBs. - Race Officers to assess adequacy of RIB safety cover given numbers, experience and wind/tide conditions - Upper wind speed limit to apply. - Radios to be used on RIBs for communication with shore team and PRO with protocols followed to summon rescue. | All racing to be closely monitored by Race Officers and Boatman and immediately cancelled/abandoned if the wind/sea conditions are becoming more than acceptable. Any attempt at a rescue involving close contact with sailors should include the wearing of facial covering and disposable gloves. | Race Officers, RIB drivers | On day of sailing |
| Competitor gets into difficulty in the water and requires | Sailors and RIBs coming too close to the sailors | <ul style="list-style-type: none"> - As above - Standard RSYC Protocol - RIBs to carry steps/ladder devices to enable self-recovery from water | Any attempt at a rescue of sailors should include the wearing of facial | Sailors and RIB drivers and crew | Immediate |

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| assistance getting out of the water | | <ul style="list-style-type: none"> - Radio communications and protocols to summon external assistance if required - RIB driver and crew to wear masks to maximise protection | covering and disposable gloves. | | |
| First Aid including Basic Life Support | RIBs and sailors if social distancing not observed | <ul style="list-style-type: none"> - As above - Endeavouring to minimise the actual risks of sailing - Wear masks & gloves and hand sanitise - Perform only Chest Compression BLS. - Follow UK Resuscitation Council Guidance +/- RYA recommendations | Any attempt at a rescue should include the wearing of facial covering and disposable gloves. | RIBs, other sailors, | On day of sailing |
| Competitors may not be able to maintain 2m distance walking and waiting in Dinghy Park and beach. | Sailors and Beach Team if social distancing not observed | <ul style="list-style-type: none"> - Control access. Groups of maximum 6 sailors to have separate rigging areas. - Signage outlining National Guidance on Social Distancing. - Sailors to move swiftly on the beach and into dinghies to prevent crowding. - Ensure all trolleys are marked and easily identifiable from a distance - Good communication between RIBs and PRO | Review daily | Sailors | On day of sailing |
| Competitors may not be able to maintain 2m | Sailors and Staff | Control access to the Jetty Signage outlining National Guidance on Social Distancing. | Limit numbers Mark out 2m distances on Jetty | Boatman, sailors and Sailing Secretary | Immediate |

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| distance walking and waiting on the jetty and pontoon. | | Limit number of sailors on the jetty Reduce number of sailors on the pontoon to 2 Sailors to move swiftly on the Pontoon and Jetty to prevent standing around. | Additional signage. Stagger start times. | | |
| Competitor may wish to access the loos and changing rooms | Loos are accessible after 12/4/21. Changing facilities and showers are not available. | 3 persons maximum in cloakrooms at any one time, face coverings must be worn, hands washed thoroughly after use, all touchpoints wiped down with antibac spray & blue paper by user after use. Notify all competitors prior to attending. Arrive changed ready to sail. Signage | Monitor usage. Regular checks on cleanliness & more cleaning as required. | Club staff | Immediate |
| First Aid including Basic Life Support | Staff and sailors | As above Endeavour to minimise the actual risks of sailing | Wear masks & gloves Perform only chest compression BLS Follow UK Resuscitation Council Guidance +/- RYA recommendations. | Boatman, other sailors, Race Officers and Sailing Secretary if on duty | Immediate |
| Competitor may have a cough or display signs of Covid 19 | All sailors and staff | Ask competitor to leave Club area immediately. Follow Government Guidance. Encourage wearing of facemasks and handwashing. Maintaining minimum 2m distance If person symptomatic, those who have come into contact should self-isolate for 14 days. | Follow latest government guidance | Class Captains, Sailing Sec RC Sailing GC | Immediate |