

# The Royal Solent Yacht Club YARMOUTH, ISLE OF WIGHT

# **DINGHY WEEK 2016**

LASER and PICO REGATTA 16<sup>th</sup> – 19<sup>th</sup> August



Supported by the Delphie Lakeman Trust and Harwoods



# SAILING INSTRUCTIONS

CommodoreTony WaltonRear Commodore SailingNick MeasorSecretaryHamish FletcherSailing SecretaryPeter SpinkPrincipal Race OfficerMark Hall

The Flag Officers and Members of the Royal Solent Yacht Club extend a warm welcome to competitors as visitors to the Club. They are requested to sign and enter their name and address in the Visitors' Book situated in the entrance hall.

The Royal Solent Yacht Club | T: (01983) 760256 F: (01983) 761172 | office@royalsolent.org | www.royalsolent.org

# SAILING INSTRUCTIONS

#### 1. RULES

- 1.1 The races will be governed by the current ISAF Racing Rules of Sailing (RRS) 2013-2016 including subsequent ISAF amendments and including the prescriptions of the RYA, the Notice of Race and these Sailing Instructions.
- 1.2 RRS are changed in these Sailing Instructions as follows: RRS 35 by SI 11, RRS 40 by 14.1 and RRS 63.1 by SI 16.1 and RRS 60.1 by 15.1
- 1.3 Dinghy Week Lasers should nominate a rig prior to the first race. This rig will become the nominated rig for the week. If a competitor chooses to race with a smaller rig, the handicap will be calculated using their nominated rig size. If a larger rig is used, this **SCORE WILL NOT BE COUNTED TOWARDS THE WEEK'S RESULTS**.

#### 2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted in the Royal Solent Yacht Club foyer.

#### 3. CHANGES TO SAILING INSTRUCTIONS.

- 3.1 Any change to the sailing instructions will be posted on the Official Notice Board
- 3.2 Any change to sailing instructions will be posted not less than 90 minutes before the start of any race to which it relates

#### 4. SIGNALS MADE ASHORE.

- 4.1 Signals made ashore will be made from the flagstaff on the jetty of the RSYC.
- 4.2 Flag AP with two sound signals means the racing is postponed. The warning signal will be made not less than 40 minutes after AP is lowered when on shore.

#### 5. SCHEDULE OF RACES.

5.1 Races are scheduled as follows:

Laser full rig and radial classes may be started together if there are too few entries to justify separate starts. This will be a sailing instruction amendment as per 3.2.

Day & Date	Race	Warning Signal	HW Portsmouth
Tuesday 16 August	1 Laser Full Rig	11.00	11.10 BST
	1 Laser Radial	11.05	
	1 Laser 4.7	11.10	
	1 Pico Race	11.15	
	1 Pico Novice	11.20	
	2 Laser Full Rig	ASAP after race 1	
	2 Laser Radial	ASAP after race 1	
	2 Laser 4.7	ASAP after race 1	
	2 Pico Race	ASAP after race 1	
	2 Pico Novice	ASAP after race 1	

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Day & Date	Race	Warning Signal	HW Portsmouth
Wednesday 17 August	3 Laser Full Rig	11.00	11.46 BST
	3 Laser Radial	11.05	
	3 Laser 4.7	11.10	
	3 Pico Race	11.15	
	3 Pico Novice	11.20	
	4 Laser Full Rig	ASAP after race 3	
	4 Laser Radial	ASAP after race 3	
	4 Laser 4.7	ASAP after race 3	
	4 Pico Race	ASAP after race 3	
	4 Pico Novice	ASAP after race 3	
Thursday 18 August	5 Laser Full Rig	11.00	12.21 BST
	0		
		11.20	
		ASAP after race 5	
	6 Laser Radial	ASAP after race 5	
	6 Laser 4.7	ASAP after race 5	
	6 Pico Race	ASAP after race 5	
	6 Pico Novice	ASAP after race 5	
Friday 19 August	7 Laser Full Rig	11.00	12.58 BST
, 0	3 Laser 4.711.103 Pico Race11.153 Pico Novice11.204 Laser Full RigASAP after race 34 Laser RadialASAP after race 34 Laser 4.7ASAP after race 34 Pico RaceASAP after race 34 Pico NoviceASAP after race 34 Pico NoviceASAP after race 318 August5 Laser Full Rig11.005 Laser Radial11.055 Laser A.711.105 Pico Race11.155 Pico Race11.155 Pico Novice11.206 Laser Full RigASAP after race 56 Laser Full RigASAP after race 56 Pico RaceASAP after race 57 Laser Full Rig11.007 Laser Radial11.057 Laser Radial11.057 Pico Novice11.208 Laser Full RigASAP after race 58 Laser RadialASAP after race 58 Laser A.7ASAP after race 58 Laser A.7ASAP after race 58 Pico RaceASAP after race 5		
	7 Pico Race	11.15	
		11.20	
	8 Laser Full Rig	ASAP after race 7	
		ASAP after race 7	
	8 Laser 4.7	ASAP after race 7	
	8 Pico Race	ASAP after race 7	
	8 Pico Novice	ASAP after race 8	

- 5.2 These times are a guide and may be modified for any reason. There will be no more than 3 races on any day.
- 5.3 The classes will be started at 5-minute intervals if possible.
- 5.4 If the laser full rig and laser radial classes are combined their warning signal will be the time stated for the laser radial class.

#### 6. CLASS FLAGS

- 6.1 The class flags shall be as follows:
  - •Laser Flag R
  - •Laser radial Flag U
  - •Laser 4.7 Flag D
  - Pico (race) Flag V
  - •Pico (novice) Flag K

## 7. RACING AREAS

7.1 Racing will be in the Western Solent.

## 8. THE COURSES

- 8.1 The diagram in Appendix 1 shows the courses, the order in which the marks are to be passed and the side on which each mark is to be left.
- 8.2 Numeral Pennant 1 flown on the committee boat will designate that course is as diagram 1.

Numeral Pennant 2 flown on the committee boat will designate that course is as diagram 2.

Numeral Pennant 3 flown on the committee boat will designate that course is as diagram 3.

Numeral Pennant 5 flown on the committee boat will designate the club course. Courses will be selected from the navigational buoys and racing marks close to Bouldnor Bay.

- 8.3 Letters or numbers or symbols on a red background indicate that such marks of the course shall be rounded to port and letters or numbers or symbols on a green background indicate that marks shall be rounded to starboard.
- 8.4 When two or three diamonds are displayed with the course signal, the course shall be sailed two or three times round respectively. Boats shall pass through the start line at the end of each round.
- 8.5 If symbol  $\Box$  gate is shown as a mark of the course, boats shall pass through the start line from the direction of the previous mark.
- 8.6 **Sailors must not pass through the start line on the downwind leg**. If a sailor does so they will be disqualified without a hearing.
- 8.7 Racing marks will be large Orange/Red buoys or Yellow Pillar Buoys.

#### 9. STARTING

9.1 Races will be started by using RRS rule 26.

The starting line will be between a staff displaying an orange flag on the committee boat and the course side of the starting mark buoy.

### 10 FINISH

- 10.1 The finishing line will be the same as the start line except in course 2 where there will be a separate finish line.
- 10.2 Boats that have lost contact with the majority of the fleet may be told on the water that he/she need not complete the course. An appropriate finishing position will be recorded.

#### 11. TIME LIMIT

#### RRS35 is varied in that:

- 11.1 All races will have a time limit of 60 minutes after the valid start.
- 11.2 When the first boat in her race finishes within the time limit the race will be valid only for those boats that finish within the time limit or within 15 minutes of the first boat whichever is the later.

#### 12. **PROTESTS**

- 12.1 Protests shall be written on forms available at the race office and delivered within one hour after the time of the last boat finishing the last race of the day.
- 12.2 Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices.
- 12.3 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration Procedures of the RYA rules Dispute Procedures will be available.

### 13. SCORING

- 13.1 A minimum of 2 or more races must have been completed to constitute a series.
- (a) when fewer than 5 races have been completed a boat's series score will be the total of her race scores.(b) When 5 or more races have been completed a boat's series score will be the

(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

13.3 Series Tie: If, after discard, two or more boats have the same points total the tie will be broken in accordance with RRS Appendix A8.

# 14. SAFETY REGULATIONS

14.1 All competitors shall wear personal buoyancy at all times whilst on the water. This amends RRS 40 and the preamble to part 4.

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#### 15. ENTRIES

15.1 All competitors must have returned to the secretary a completed and signed Entry Form before their first race. All competitors under the age of eighteen on 16th August 2016 must ensure a parent or guardian signs their Entry Form. All competitors under the age of eighteen on 16th August must complete a parental consent and medical form. This must be signed by a parent or guardian. This SI is not protestable and changes RRS60.1.

#### 16. TALLY SYSTEM

16.1 A tally system will be in operation for all sailors. Tallies will be released no sooner than 60 minutes before the warning signal of the first race. All competitors must tally each day. Each sailor will be allocated a number and must collect this number before launching. This tally number must be carried with them all the time they are afloat. Competitors must sign off by returning their tally to the board as soon as they come ashore. Competitors failing to comply may be disqualified without a hearing. This changes RRS 63.1.

#### 17. PRIZES

17.1	For Laser Regatta	Full Rig - Overall Winner Radial Rig – Overall Winner
		4.7 Rig – Overall Winner
		Best under 16yrs - Laser radial or 4.7
		Veteran Cup – over 40
	For Pico Regatta	Overall Winner – Pico Race
		Overall Winner Pico Novice
		Best Junior – under 14yrs

17.2 The Prize Giving will take place in the evening after racing on Friday 19<sup>th</sup> August at the RSYC.

#### 18. BOAT HANDLING ABILITY

18.1 All competitors must be capable of launching and recovering their boats as sea conditions at the RSYC slipway can be demanding. This is a SAFETY MATTER and ALL COMPETITORS are solely responsible for this activity. Launching and recovery teams are at hand but cannot guarantee to be always available at busy times. Parents are required to assist with this SAFETY task.

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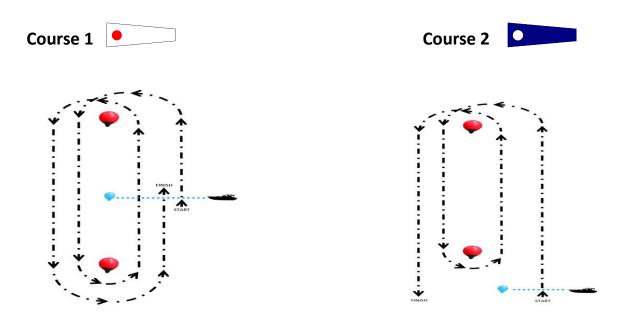
#### 19. RISK STATEMENT

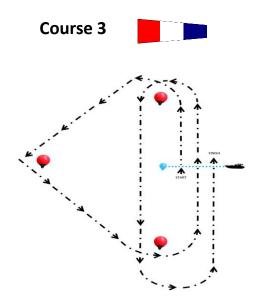
- 19.1 Rule 4 of the RRS states "The responsibility for a boat's decision to participate in a race or to continue in a race is hers alone." Sailing is by nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor or in the case of a junior sailor his or her parent or guardian, agrees and acknowledges that:
  - a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event
  - b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore
  - c. They accept responsibility for injury, damage or loss to the extent caused by their own actions or omissions
  - d. Their boat is in good order, equipped to sail in the event and they are fit to participate
  - e. The provision of the race management team, patrol boats and other officials and volunteers by the race organiser does not relieve the competitors of their own responsibilities.
  - f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

#### 20. INSURANCE

20.1 Each participating boat shall be insured with valid third party liability insurance with a minimum cover of  $f_{2,000,000}$ .

# Appendix 1





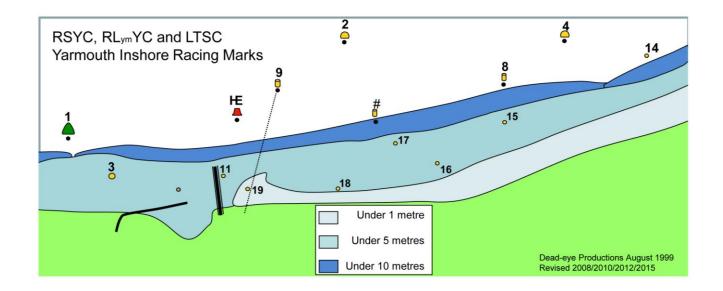
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#### Pennant 5



### **CLUB COURSE MARKS**



#### SOLENT INSHORE RACING MARKS

Moveable windward inflatable mark		
Moveable Leeward inflatable mark		
Start mark/finishing line mark	S	
Towers	#	
East fairways buoy	HE	
Black rock	1	
George Hotel	2	
Harbour	3	
Harwoods	4	
On The Rocks	8	
ODM	9	
Stone pier	14	

11, 15, 16, 17, 18, 19 are small dinghy marks